

About the project

The North Wales OBS project

- enhance the understanding of how early years brains are formed
- support and promote positive development for all children across North Wales.

Work with the University of Oxford to develop training.

Gather the feedback and evaluate the results



The evaluation

35 professionals took part in this pilot. Most of them worked in Early Years, Education and Social Care.

We wanted to know...

What is the quality of the North Wales Oxford Brain Story training pilot and should the training be rolled-out across services in North Wales?

Step 1: Professionals filled in a **questionnaire**:

- before training to find out their knowledge
- after the training to find out the difference it made.

Step 2: Professionals took part in **focus groups** to talk about what they thought of the OBS training

The feedback helped shape the recommendations.



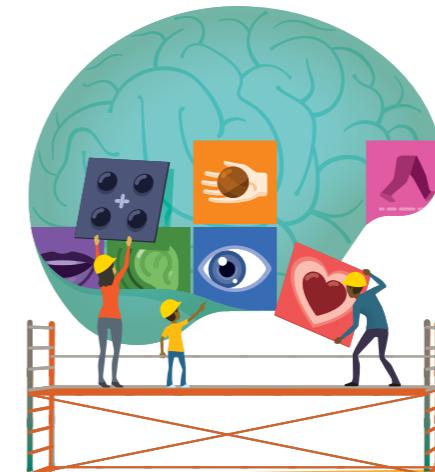
Some key findings

Before the training

54% said the course content will be **helpful to their professional role**
 83% said the course content will be **helpful to their everyday life**

After the training

88% said the course content will be **helpful to their professional role**
 94% said the course content will be **helpful to their everyday life**

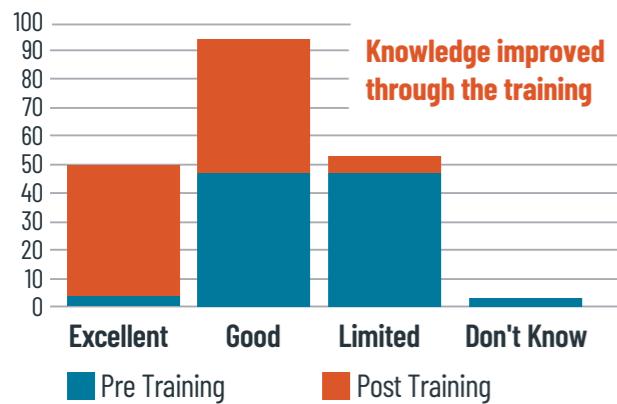


Some feedback

The feedback on all parts of the course was positive. People said:

The training provided them with the confidence and the tools to explain to others about their individual brain story.

They wanted to apply and promote this model as a way forward across services.



The Recommendations

- Develop and expand this pilot.
- Make OBS training part of the induction process for new workers in early years.
- Look at 'rolling out' this training to other statutory services.
- Develop guidance and principles on using OBS training to assess parents' needs.
- Set up an OBS forum to share good practice and promote OBS skills.
- Set up a North Wales OBS Community of Practice to share knowledge between research and practice.
- Develop a plan to raise awareness of the OBS, healthy brain development and trauma.
- Develop a plan for how services can share the evaluation findings.

